

## Research Resources

A monthly newsletter of the  
**AOTF Institute for the Study of Occupation and Health**  
January 2010

Dear Colleagues:

Greetings for the New Year and New Decade!

There is a widely cited Chinese proverb often attributed to Confucius that admonishes, "May you live in interesting times." Rapid and dramatic change always has a way of making things interesting, and the present is certainly filled with that!

Yet, while there is dramatic change in the world around us, most of us continue to live our lives within the comforting boundaries of predictable routine. Although each new year invites goal setting and changes, modifying lifestyles can be difficult.

With these thoughts in mind, this month's *Research Resources* includes a timely Wilma West Library Note on research related to habits and New Year resolutions. It also features a list of upcoming articles to be published in *OTJR: Occupation, Participation and Health*.

Believe it or not, 2010 marks the 30th anniversary of this journal! And to honor routine, you will find our regular announcements and links with potential interest to our subscribers.

As always, we thank you for your continued interest in *Research Resources* and for your support of the Foundation.

Sincerely,



Charles Christiansen  
Executive Director  
Interim Director, Institute for the Study of Occupation and Health

Support occupational therapy research by making a secure online donation [here](#).

### Wilma L. West Library Resource Notes

#### The making of New Year's resolutions and a key concept of Occupational Therapy

Probably every one reading this item has made, or at least entertained the thought of making, a New Year's resolution to change a habit you considered disadvantageous to your health, career, relationships, or lifestyle. The concept of habits as a major component of occupational behavior

dates back to the early history of occupational therapy (Kielhofner, Barris & Watts, 1982). Common habits or behaviors on the New Year's resolution lists people wish to stop or accomplish are smoking, weight loss, money handling, alcohol consumption, etc. These habits or behaviors, as well as the difficulties they cause, are easily identified.

Individuals living with chronic physical or psychiatric disabilities must first come to the realization that habits or habitual routines not inherently detrimental to them may still need to be changed in order for them to participate in the occupations they value or to perform their daily activities (Charmaz, 2002; Davidson, 2007). "In a qualitative research study about adaptation to physical disability, five women describe the difficult process of reconstructing former habits and developing new habits" (Macdonald, 2007, p.99s).

The American Occupational Therapy Foundation (AOTF) has sponsored three interdisciplinary conferences on the subject of *habits*. The proceedings were published as supplements in the *Occupational Therapy Journal of Research* (2000) and in *OTJR: Occupation, Participation and Health*, 2002 and 2007.

## References

Charmaz, K. (2002). The self as habit: The reconstruction of self in chronic illness. *OTJR: Occupation, Participation and Health*, 22(Supp 1), 31S-41S.

Davidson, L. (2007). Habits and other anchors of everyday life that people with psychiatric disabilities may not take for granted. *OTJR: Occupation, Participation and Health*, 27(Supp 1), 60s-68s.

Kielhofner, G., Barris, R. & Watts, J.H. (1982). Habits and Habit Dysfunction: A Clinical Perspective for Psychosocial Occupational Therapy. *Occupational Therapy in Mental Health*, 2(2), 1-21.

Macdonald, K.C. (2002). Making a habit of making habit happen. *OTJR: Occupation, Participation and Health*, 22 (Supp 1), 99s-100s.

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### Conference Announcements

[State of the Science Workshop: Technology for People with Disabilities \(January 22, 2010, Walter Reed Army Medical Center, DC\)](#)

This workshop is presented by the University of Pittsburgh & Walter Reed Army Medical Center. Continuing education credits are available.

Registration is available until **January 14, 2010**.

[Linking through biomechanics \(June 9-12, 2010, Kingston, Ontario\)](#)

Queen's University and the Canadian Society of Biomechanics/Société Canadienne de Biomécanique (CSB/SCB) present the 16th biannual meeting of the Canadian Society for Biomechanics Conference. The

## & Resources

### [Office of Special Education and Rehabilitative Services \(OSERS\); National Institute on Disability and Rehabilitation Research \(NIDRR\) Research Fellowships Program](#)

NIDRR invites applications for new awards for fiscal year (FY) 2010. Deadline for Transmittal of Applications: **February 1, 2010**. The purpose of the Research Fellowships Program is to build research capacity by providing support to enable highly qualified individuals, including those who are individuals with disabilities, to conduct research on the rehabilitation of individuals with disabilities.

### **OTJR: Occupation, Participation and Health Online Release**

#### [Online Advanced Release Articles](#)

have been peer-reviewed and accepted for publication in the *OTJR: Occupation, Participation and Health* and posted online before print publication. Articles appear after

meeting will feature scientific sessions and various social opportunities in an academic setting. Some of the themes will include: Gait analysis in the brain: What the visual system knows about biomechanics, and Recent Advances in Lifting Biomechanics. The [deadline for abstract submission](#) is **February 15th, 2010**.

### [Redefining Boundaries and Bridges in Occupational Science \(October 14-16th, 2010, London, Ontario\)](#)

The Society for the Study of Occupation: USA (SSO:USA) and the Canadian Society of Occupational Scientists (CSOS) are soliciting abstracts for a joint conference bringing together an international group of scholars who share an interest in advancing methodological, theoretical, and empirical knowledge related to the study of occupation. [Abstracts](#) for research papers, theoretical papers, panels, forums and posters must be submitted by 12:00 midnight EST on **February 15th, 2010**.

### [IARC 2010 - 14th International Aphasia Rehabilitation Conference \(June 27-29, 2010, Montreal, Quebec\)](#)

This international conference will bring together researchers and clinical specialists in Speech-Language Pathology, Linguistics, Neuropsychology, and Rehabilitation Medicine dedicated to aphasia rehabilitation.

## Web-Based & Related Resources

### [HUD and DHS Launch Disasterrecoveryworkinggroup.gov to Solicit Public Comments](#)

Housing and Urban Development (HUD) and Homeland Security (DHS) announced the launch of [DisasterRecoveryWorkingGroup.gov](#) - a new interagency website that will allow federal disaster recovery officials to solicit public comments from state, local and tribal partners and the public. The new website will be used by the federal government's newly-formed Long Term Disaster Recovery Working Group to allow stakeholders to submit ideas for disaster recovery; articulate objectives for recovery assistance going forward; identify examples of best practices; raise challenges and obstacles to success; and share thoughts, experiences and lessons learned.

### [State Preparedness Rankings Released](#)

Trust for America's Health and the Robert Wood Johnson Foundation released their 7th annual *Ready or Not? Protecting the Public's Health from Diseases, Disasters, and Bioterrorism* report. This year's report examines public health emergency preparedness in the context of the H1N1 flu virus and the economic downturn. It finds the H1N1 flu

copyediting and author corrections, but before final proofing.

### **Reliability and Validity of the Health Enhancement Lifestyle Profile (HELP)**

Jengliang Eric Hwang, PhD, OTR/L

### **Falls Self-Efficacy Among Adults With Multiple Sclerosis: A Phenomenological Study**

Elizabeth W. Peterson, PhD, OTR/L, FAOTA; Gary Kielhofner, DrPH, OTR/L, FAOTA; Kerstin Tham, PhD, OT reg; Lena von Koch, PhD, RPT

### **The Meaning of Occupational Gaps in Everyday Life in the First Year After Stroke**

Gunilla Eriksson, OT, PhD; Kerstin Tham, OT, PhD

### **Predictors of Research Utilization Among Pediatric Occupational Therapists**

Ted Brown, PhD, MSc, MPA, BScOT (Hons), OT(C), OTR, AccOT; Mei Hui Tseng, ScD, OTR; Jacqueline Casey, MSc, BSc (Hons) OT, PgCHEP; Rachael McDonald, PhD, PGDip(Biomech), BAppSc(OT); Carissa Lyons, Bpsych

outbreak has exposed serious underlying gaps in the nation's ability to respond to public health emergencies and that the economic crisis is straining an already fragile public health system.

The report also contains state-by-state health preparedness scores for all 50 states and Washington, DC based on 10 key indicators to assess health emergency preparedness capabilities .

### **[Beyond Health Care: New Directions to a Healthier America](#)**

[The Robert Wood Johnson Foundation](#) Commission to Build a Healthier America has developed recommendations for the future of health in America. The Commission focused on people and the places where they spend the bulk of time--homes and communities, schools and workplaces--to identify where people should make healthier choices and where society should remove the obstacles preventing too many American's from making healthy decisions.

The recommendations are the result of intensive study and debate, reflecting the need to identify cross-sector interventions beyond the health care system that are likely to achieve a significant positive impact on the health of all Americans in years, not decades.

### **[Help the CDC Create a Website for Disability & Health Data - Take a Short Survey](#)**

The Disability and Health team at Centers for Disease Control and Prevention is in the process of improving their web site to be launched spring 2010. This improvement project includes the development of an online interactive database application to store and display data about people with disabilities compared to those without disabilities across a variety of health topics. As part of their preliminary work on this project, they are conducting an anonymous survey to find out your information needs, what features would be useful to you, and how this tool can be most effective and user-friendly.

[Short Survey](#) (approximately 15 minutes)

Specific questions about yourself and how you might use data related to people with disabilities. Exp Date March 31, 2010.

OR

[Standard Survey](#) (approximately 30 minutes)

Specific questions about yourself and how you might use data related to people with disabilities. We may also ask you to answer a few questions using charts that could appear in the new web application, so we can learn about what formats you like best. **Exp Date March 31, 2010.**

## **Publication Announcements**

### **[Special Issue of the Journal of Public Health Management and Practice Seeks Abstracts](#)**

The *Journal of Public Health Management and Practice* (.IPHMP) in

**Place Integration Through Daily Activities 1 Year After Stroke**

Anette Erikson, OT, Lic. Degree in Med.;  
Melissa Park, OTR/L PhD; Kerstin Tham, OT, PhD

**Occupation and Meaning: Narrative in Everyday Activities of Women With Chronic Rheumatic Conditions**

Sissel Alsaker; Staffan Josephsson, PhD, OTR

**Hands-On Learning Versus Learning by Demonstration at Three Recall Points in University Students**

Morna Kathleen Hearn, MOT, OTR/L; Barbara Kopp Miller, PhD; David L. Nelson, PhD, OTR/L, FAOTA

**No One Dresses Accidentally: A Research Synthesis on Intentional Occupational Performance**

Jeffrey L. Crabtree, MS, OTD, FAOTA.

**Exploring Occupational Balance in Adults With Rheumatoid Arthritis**

Mary Forhan, MHSc.BSc.OT Reg (Ont); Catherine Backman, PhD, OT(C), FCAOT

collaboration with the ASPH/Pfizer Public Health Academy of Distinguished Teachers (Teaching Academy), will publish a theme issue in May 2011 on "Teaching and Learning in the Community." JPHMP is a peer-reviewed bimonthly publication recognized as the nation's leading practice journal in population health.

Submission of abstracts by students or student groups is encouraged. Abstracts (200-250 words maximum) are due **February 19, 2010** and will be peer-reviewed by an independent, objective review committee.

[Inaugural Issue of the Journal of Participatory Medicine \(JPM\)](#)

JPM's mission

is to transform the culture of medicine by using evidence to document the impact of participatory medicine on health outcomes. Participatory medicine is a cooperative model of health care that encourages, supports and expects active involvement by all parties (clinicians, patients, caregivers, administrators, payers and communities) in the prevention, management and treatment of disease and disability and the promotion of health.

JPM will explore how patient participation impacts health outcomes, resources and relationships; which interventions drive participation most effectively; and what type of evidence is most reliable.

JPM, published by The Society of Participatory Medicine, is an academic, peer-reviewed journal available at no cost using an online journal format.

**AOTF Institute Image of the Month**

From the [Archives of the AOTA](#), housed in the AOTF Wilma L. West Library.



A pediatric patient works on sensory processing and grasp activities with a therapist (1972).

**Factor Structure, Reliability, and Convergent Validity of the Engagement in Meaningful Activities Survey for Older Adults**

Aaron M. Eakman, PhD, OTR/L; Mike E. Carlson, PhD; Florence A. Clark, PhD, OTR/L

**Empathy in the Play of Children With Attention Deficit Hyperactivity Disorder**

Reinie Cordier, BSocSc Hons (Clin Psych), MoccTher; Anita Bundy, ScD, OTR, FAOTA; Clare Hocking, PhD, MHSc(OT); Stewart Einfeld, MD, DCH, FRANZCP

**Psychological Well-Being and Meaning-Making When Caregiving for Children With Disabilities: Growth Through Difficult Times or Sinking Inward**

Elizabeth Larson, PhD, OTR

**Relationships Between Handwriting Components and Underlying Perceptual-Motor Functions Among Students During Copying and Dictation Tasks**

Shula Parush, PhD, OT; Nirit Lifshitz, PhD, OT; Aviva Yochman, PhD OT; Naomi

The AOTF Institute makes this image, as well as the [Guide to the Archives of the AOTA](#), available publicly as part of its mission to honor the past and be the best possible steward of the unique body of knowledge that is occupational therapy. To this end, the AOTF Institute warmly welcomes individuals from within and beyond occupational therapy to explore the guide and use the archives for purposes of research, education, and leadership.

**Watch for AOTF Events at the AOTA 2010 Conference in Orlando, Florida**

*Events in red are sponsored by the AOTF Institute for the Study of Occupation and Health*

**Wednesday, April 28**

12 - 6:30 p.m. Institute 003 AOTA/AOTF Grant Writing for Researchers

7:30 - 10 p.m. DocNet Reception and Annual Meeting - Powerful Practice and Unique Opportunities

**Thursday, April 29**

12:30 - 3:30 p.m. Qualitative Research Exchange (QRE) - Engaging Marginalized Populations Through Qualitative Research

**Friday, April 30**

7:30 - 9 a.m. Breakfast with a Scholar - Personal Project Pursuit: On Human Doings and Well-Beings - Brian R. Little, PhD, psychologist

1:30 - 4:30 p.m. Research Colloquium & Tea - Research on the Role of Environments in Promoting Occupation, Participation, and Health

8 - 11 p.m. AOTF Gala - Dance the night away at the Cuba Libre Restaurant & Rum Bar

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AOTF is concerned about privacy and will only send *Research Resources* to those individuals who wish to receive it. If you no longer wish to receive *Research Resources*, or if you feel that you received this newsletter in error, please use the SafeUnsubscribe link at bottom of this email. AOTF does not sell email addresses to other parties.

For more information about the American Occupational Therapy Foundation and its Institute for the Study of Occupation and Health see our web site: [www.aotf.org](http://www.aotf.org).

Weintraub, PhD, OT

**Struggling to  
Maintain Occupation  
While Dealing With  
Risk: The  
Experiences of Older  
Adults With Low  
Vision**

Debbie Laliberte  
Rudman, PhD, OT  
Reg. (ON); Suzanne  
Huot, MA; Lisa Klinger,  
MSc., OT Reg. (ON);  
Beverly D. Leipert,  
PhD, RN; Marlee M.  
Spafford, OD, PhD,  
FAAO

**Activity Resumption  
After Stem Cell  
Transplantation**

Kathleen Doyle Lyons,  
ScD, OTR/L; Lynn D.  
Root, RN; Idalina C.  
Williams, RN, BSW;  
Elizabeth Kintis, MS,  
ARNP; Anna D.  
Schaal, MSN, ARNP;  
Diane M. Stearns,  
MSN, ARNP; Kenneth  
Meehan, MD; Tim A.  
Ahles, PhD

**The Occupational  
Self Assessment:  
Stability and the  
Ability to Detect  
Change Over Time**

Gary Kielhofner, DrPH,  
OTR/L, FAOTA; Lidia  
Dobria; Kirsty Forsyth,  
PhD, OTR; Jessica  
Kramer, PhD, OTR/L

**Relationships  
Between Sequelae of  
Injury, Participation,  
and Quality of Life in  
Survivors of Terrorist  
Attacks**

Mava Tuchner, MSc.

Zeev Meiner, MD;  
Shula Parush, PhD,  
OTR; Adina Hartman-  
Maeir, PhD

## Remember AOTF

Think of AOTF when you search the internet or shop online. Use these sites by entering the American Occupational Therapy Foundation and AOTF benefits from every search or purchase!

The logo for GoodSearch, featuring the word "GoodSearch" in blue text with a small yellow halo above the "o" in "Good".The logo for GoodShop, featuring the word "GoodShop" in blue text with a small yellow halo above the "o" in "Good".The logo for iGive.com, featuring a yellow dandelion seed head above the text "iGive.com" in orange and black.

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