

Helene Ross

From: AOTF [hross@aotf.org]
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To: Helene Ross
Subject: AOTF Research Resources



Research Resources

A monthly newsletter of the

AOTF Institute for the Study of Occupation and Health

September 2010

Dear Colleagues:

Engagement and participation are two words that occur often in the occupational therapy and rehabilitation literature these days. The first implies active involvement or agency with a particular activity or occupation, and the second suggests active involvement in a social sense, an outcome that results from being an accepted, productive member of a group.

Recently, on a road trip, I became deeply interested in an NPR broadcast about non-traditional treatments for depression. What got my attention was the "discovery" that engaging activity and participation were key strategies for the lifestyle changes being recommended for persons with unipolar depression.

So this month, we feature the good work of our information specialists in the Wilma L. West Library, who have assembled some occupational therapy literature on the use of activity as therapy for people with depression. I hope you find it of value.

As always, thanks for your support of the AOTF and for being a subscriber to *Research Resources*. We welcome your feedback, and encourage you to visit our website at www.aotf.org.

Cordially,

A handwritten signature in cursive script, appearing to read 'Charles', followed by a horizontal line.

Charles Christiansen
Executive Director
Interim Director, Institute for the Study of Occupation and Health

Please take a moment to visit the AOTF website and make a tax deductible [donation](#) to support our research capacity building efforts. Thanks!

Wilma L. West Library Resource Notes

Activities as therapy for people with depression

Every one of the designated founders of occupational therapy, George Barton (1919), Herbert Hall (1915), Dr. Adolf Meyer (1922), Eleanor Clarke Slagle (1914), and Susan Tracy (1910) published articles or books about the use and importance of occupation in treating persons with mental illness. Although the value of occupational therapy intervention in the mental health arena was recognized early, its role has waxed and waned throughout the history of occupational therapy. So, it is not

surprising that studies on the use of activities, or occupations in mental health practice would also wax and wane.

For the library contribution to this month's *Research Resources*, we retrieved from OT SEARCH a list of articles published since 2000 that explore the use of activities and occupations in treating depression as well as the historic citations. Articles researching or considering activities of daily living or the level of participation as a result of depression or as a diagnostic symptom have been omitted.

Barton, GE. (1919). *Teaching the sick: A manual of occupational therapy and re-education*. Philadelphia, PA W.B. Saunders.

Bent, MA. (2005 Aug 22). Is occupation the key for women with depression? *OT Practice*, 10, 16-20.

Fine, J. (2000). [The effect of leisure activity on depression in the elderly: Implications for the field of occupational therapy](#). *Occupational Therapy in Health Care*, 13(1), 45-59.

Gunnarsson, AB, Jansson, JA & Eklund, M. (2006). [The Tree Theme Method in psychosocial occupational therapy: a case study](#). *Scandinavian Journal of Occupational Therapy*, 13, 229-240.

Gutman, SA & Biel, L. (2001). [Promoting the neurologic substrates of well-being through occupation](#). *Occupational Therapy in Mental Health*, 17(1), 1-22.

Hall, HJ. (1915). *The work of our hands: A study of occupations for invalids*. New York: Moffat, Yard & Company.

Mann, WC, Johnson, JL, Lynch, LG, Justiss, MD, Tomita, M & Wu, SS. (2008). [Changes in impairment level, functional status, and use of assistive devices by older people with depressive symptoms](#). *The American Journal of Occupational Therapy*, 62, 9-17.

McWha, JL, Pachana, NA & Alpass, F. (2003). [Exploring the therapeutic environment for older women with late-life depression: An examination of the benefits of an activity group for older people suffering from depression](#). *Australian Occupational Therapy Journal*, 50, 158-169.
<http://onlinelibrary.wiley.com/doi/10.1046/j.1440-1630.2003.00373.x/abstract>

Meyer, A. (1922). The philosophy of occupation therapy. *Archives of Occupational Therapy*, 1, 1-10.

Mozley, CG. (2001). [Exploring connections between occupation and mental health in care homes for older people](#). *Journal of Occupational Science*, 8, 14-19.

Olson, L. (2006). [Activity groups in family-centered treatment: psychiatric occupational therapy approaches for parents and children](#). *Occupational Therapy in Mental Health*, 22(3/4), 1-156.

Slagle, EC. (1914 Jul). History of the development of occupation for the insane. *Maryland Psychiatric Quarterly*, 4, 14-20.

Thibeault, R. (2002). [Fostering healing through occupation: the case of the Canadian Inuit](#). *Journal of Occupational Science*, 9, 153-158.

Tracy, SE. (1910). *Studies in invalid occupation: A Manual for Nurses and Attendants*. Boston, MA:

Whitcomb and Barrows.

Yuen, HK, Hwang, P, & Burik, JK, Smith, TG.. (2008). [Impact of participating in volunteer activities for residents living in long-term-care facilities](#). *American Journal of Occupational Therapy*, 62, 71-66.

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**OTJR:
Occupation,
Participation
and Health
Online Advance
Release**

OTJR: Occupation, Participation and Health, published quarterly by the American Occupational Therapy Foundation, Inc., offers original research articles of professional interest to the practicing occupational therapist with a focus on occupation and fostering interdisciplinary research.

Visit: [OTJR Online](#). Articles appearing in this "Online Advanced Release" section have been peer-reviewed and accepted for publication.

Conference Announcements

[ACRM-ASNR Joint Educational Conference & Exhibits - Progress in Rehabilitation Research \(October 20-23, 2010, Montreal, Quebec\)](#)

Hosted by the American Congress for Rehabilitation Medicine and the American Society of Neurorehabilitation, this conference includes: 150 speakers from US, Canada & Europe, 50+ leading edge symposia and poster presentations. Precourse - Enhancing Outcome Measurement in Rehabilitation Settings (October 20, 2010)

This symposium builds on feedback from members of the Outcome Measurement Networking Group during the 2009 ACRM-ASNR annual meeting.

[Employment for Persons with Psychiatric Disabilities \(September 7-8, 2010, Boston, Massachusetts\)](#)

The Boston University Center for Psychiatric Rehabilitation announces its upcoming workshop directed to those who have a role in helping persons with lived experience to achieve meaningful employment. The workshop will address strategies for helping with an individual's motivations for employment, understanding the needs of employers, making the best match and building hope for employment especially with consideration of complex cultural issues.

[2010 mHealth Summit \(November 8-10, 2010, Washington, DC\)](#)

The mHealth Summit will allow leaders in government, private sector/industry, academia and not-for-profit organizations to share information and experiences related to the intersection of mobile technology, health research, and policy. The Summit will emphasize cross-sector dialogue, including industry and government leaders and visionaries who will provide their perspectives on the future of mHealth. Bill Gates is the Keynote speaker.

[Second Annual Meeting 2010 Transforming Global Health: The Interdisciplinary Power of Universities \(September 19-21, 2010, Seattle, Washington\)](#)

The conference, presented by the Consortium of Universities for Global Health, will feature more than 100 speakers in plenary sessions led by leaders in global health and in 18 theme-based panels and abstract sessions. More than 100 posters will be also be presented. The meeting will focus on three cutting edge themes: Building the Science Base for Global Health: Research and Evaluation, Educational Innovations and Experiences in Global Health, and Enabling Systems: Legal, Regulatory and Administrative Infrastructure

[Validity of the Postrotary Nystagmus Test for Measuring Vestibular Function](#)

Shelley Mulligan, PhD,
OTR/L

[Participation Patterns in Preschool Children With an Autism Spectrum Disorder](#)

Patti LaVesser, PhD,
OTR/L; Christine Scheinberg, PhD,
OTR/L

**Grants,
Fellowships,
and Education
Opportunities**

[The John M. Eisenberg Excellence in Mentorship Award](#)

The Agency for Healthcare Research and Quality (AHRQ) presents this award annually to an outstanding faculty member in a National Research and Service Award (NRSA) institutional training program, supported by AHRQ. The faculty member must be nominated by at least one student and must have a history of a commitment to mentorship.

[Funding Available for the Disability Employment Initiative](#)

Approximately \$22 million is available for cooperative agreements to state Workforce Investment Act (WIA) administering entities. This funding is being used to implement the Disability Employment

to Support Advances in Global Health.

[NIH Grant Preparation Workshops for Rehabilitation Research \(January 11-15, 2011, Charlottesville, Virginia\)](#)

This NIH-sponsored Intensive Workshop on Grant Writing, Preparation, and Submission in Rehabilitation Research is a 4-1/2-day workshop offering individual consultation and group lectures/discussions on grantsmanship, writing, research design, and hypothesis generation. Participants will devote most of their time to developing their own proposals, assisted by senior NIH-funded mentors. With guided preparation before and during the conference, a completed NIH-competitive proposal is the goal for the workshop.

[International perspectives on equal access to museums for people with vision impairment \(Oct 13-14, 2010, London, United Kingdom\)](#)

In Touch with Art 2010 is for all those interested in equal access to museums for people with vision impairments. Speakers from the UK, US and Continental Europe will present best practice case-studies and engage delegates in discussion about contemporary issues. This conference will explore disability equality and access at London's major museums with themed break-out sessions on day one combined with site visits and training on day two. The closing session of the conference will discuss a Conference Resolution with recommendations for decision makers, in response to the United Nations Convention on the Rights of Persons with Disabilities.

Web Resources

[Interactive online learning initiative on Environmental and Policy Change for Healthy Aging \(September 2010 through January 2011\)](#)

This initiative, produced by the CDC Healthy Aging Research Network, aims to build capacity for change and offers a variety of opportunities for learning, sharing, and networking. It features four online modules and is scheduled for September 2010 through January 2011; each module covering an essential topic in healthy aging. This initiative is available to all at no charge.

[Webinars on Implementation Research](#)

Presented by the Quality Enhancement Research Initiative (QUERI) of the Department of Veterans Affairs on Health Systems Evidence - Evidence to Support Policymaking and Management. Part I is scheduled for September 14, 2010 and Part 2 will be on October 5, 2010.

[Webinar on Health Economics \(September 15, 2010 \)](#)

Presented by the Health Economics Resource Center (HERC) of the Department of Veterans Affairs on Use of Outpatient Care by Medicare-eligible Veterans.

[New Disability Employment Resource Page](#)

The Society for Human Resource Management (SHRM) has launched a new Disability Employment Resource Page. SHRM created this resource page with employers in mind to offer resources, articles and information to help recruit, hire and retain people with disabilities. The new resource page also includes videos of experts in the field of

Initiative (DEI), under which the Department intends to make six to ten grant awards that are designed to: (1) Improve educational, training, and employment opportunities and outcomes of youth and adults with disabilities who are unemployed, underemployed and/or receiving Social Security disability benefits; and (2) help these individuals find a path into the middle class through exemplary and model service delivery by the public workforce system. Application deadline is **September 8, 2010**.

Remember AOTF

Think of AOTF when you search the internet or shop online. Use these sites by entering the American Occupational Therapy Foundation and AOTF benefits from every search or purchase!



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disability employment.

AOTF Institute Image of the Month

From the [Archives of the AOTA](#), housed in the AOTF Wilma L. West Library.



Patient learns to play checkers with an adapted set using plastic bottles filled with lead weights to encourage a better grasp.

The AOTF Institute makes this image, as well as the [Guide to the Archives of the AOTA](#), available publicly as part of its mission to honor the past and be the best possible steward of the unique body of knowledge that is occupational therapy. To this end, the AOTF Institute warmly welcomes individuals from within and beyond occupational therapy to explore the guide and use the archives for purposes of research, education, and leadership.

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